Schools Study – Emily Berger

The aim of the Schools Study is to determine whether exposure to smoke from the Hazelwood coal mine fire is associated with psychological trauma and distress in school-aged children, as well as to assess factors associated with resilience.

Proposed Model:

PREDISPOSING FACTORS

Demographic factors
Exposure to the fire
Socio-economic status
School attendance
Previous trauma exposure
Previous mental illness



RESILIENCE AND CONNECTEDNESS

Psychological resilience Academic resilience School connectedness Family functioning



PSYCHOLOGICAL DISTRESS AND ACADEMIC OUTCOMES

Psychological wellbeing Psychological distress Academic outcomes



Schools Study Design

- Children in years 3, 5, 7 and 9
 - Selected to provide a representative sample and allow evaluation of educational outcomes based on NAPLAN results.
 - 323 children surveyed from 20 schools in Morwell and wider Valley region.
- Survey
 - 13 item Children's Revised Impact of Events Scale (CRIES) was used as the primary measure to understand the impact.
 - Other measures included the Strengths and Difficulties Questionnaire (SDQ), Family Functioning Questionnaire, etc.
- Interview
 - 69 interviews were conducted with a sub-sample of children to gain a deeper understanding of the experiences and impact of the event from the children's perspective.



Preliminary Findings

- The survey asked children about:
 - How often they still think about the event;
 - How often they avoid reminders of the event; and
 - How often they are more alert or watchful to warning signs (of similar events).
- Children from Morwell schools scored on average higher than non-Morwell children on the questions above, however this is partly explained by differences in age.
- Younger children scored higher than older children.
- Note that this is only a preliminary analysis of the data and much more analysis is needed, including analysis of relocated schools vs other schools, analysis of NAPLAN data, etc.



Preliminary Findings

- In the interview, children reported concern regarding the physical impact of the event on them and their family (e.g., trouble breathing).
- Children spoke about the impact of school relocation on their education and engagement in school.
- Some children reported trouble concentrating and sleeping, and reoccurring thoughts about the event.
- Children reported multiple coping responses and resilience during and after the event, including positive thinking, engagement in activities, talking to parents, etc.

Potential outcomes

- Determine the level of distress experienced by school-aged children and adults as a result of the Hazelwood smoke event.
- Better understand the challenges faced by schools during and following the event, with a view to inform future disaster response planning for the region and beyond.
- Better understand the interplay between child, family, school and social factors in relation to wellbeing and educational outcomes.



Next steps

- Collate information from parents, teachers, NAPLAN and education departments.
- Administer follow-up surveys and interviews with children in years 3, 5,
 7 and 9 in 2017.
- Analyse 'Adult Survey' data regarding the psychological impact of the event on adults.

